



### What More Can Primacy Do For You?

Primacy, a name you have come to know, recognize and trust. We have worked incredibly hard to ensure your clinic space is maintained and that you are getting the best rate for your clinic space, but did you know that we have secured relationships with amazing people to help you save more money? These companies offer special rates to Primacy clinics on items that you already use and purchase to run your medical space so why not save while doing so. We have secured relationships with companies that will benefit not only yourselves but also your families and your entire medical staff. Want to know more about all of the benefits that you can take advantage of? Visit our website or reach out to your rep for details. Be sure to check frequently as we are always looking for more savings for you.



Photo caption: (L to R) Wendy Carpenter, Agnes Magdziak, Melanie Holek, speaking to family physicians about Primacy and the Military Family Doctor Network at last year's Family Medicine Forum in Toronto.

### Flu Season Is Here...Are You Ready?

In Canada, as of October 26 2019, there have been 335 confirmed cases of influenza. In the 2018-2019 flu season there were 39,192 confirmed cases. (ref: Public Health Agency of Canada). We still have a whole season ahead of ourselves. How are you protecting yourself, your family, your patient's, your employees? IPAC is a great resource for learning how to practice safe and effective prevention of all infectious disease, including the influenza virus.



## Contact Us

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Meet Elizabeth James. She is a valuable member of the Primacy team and has been here for 8 years. If you have signed a new SLA or have renewed recently, you have most likely been in touch with her. Primacy continues to grow and offer more for our clinics each day and this would not be possible without the hard work and dedication of Elizabeth. She has recently partnered with our headquarters in Ottawa, to assist them with a new project that they are undertaking and to no surprise she is excelling in this area. Her many talents are recognizable and are very much appreciated from all who have had an opportunity to have had interaction with her. From her professionalism, great communication all the way to her bright smile and kindness, she has added so much value to Primacy.



## The Military Family Doctor Network Entering Its 5<sup>th</sup> Year!

We are very proud to announce that January 2020 will mark the start of the 5th year that our Military Family Doctor Network program will be serving Canada's military families. The Military Family Doctor Network program is a corporate social responsibility program that simply asks local family doctors to make room in their practice for military family members (spouses and children) when they are posted into their new community.

Launched as a pilot program in the summer of 2015 at Primacy's Bison Family Medical Clinic in Winnipeg, the Military Family Doctor Network expanded nationally in January 2016 thanks to the support of our Primacy family doctors across the country. To date, over 100 Primacy physicians across Canada have participated in the program by offering spots in their practice to military family members, but we need all the help we can get! Participating in the program is very simple: All you need to do is let us know how many spots you're able to offer and what your preferred referral process is, and we will take care of the rest! Please contact Agnes Magdziak, Military Family Doctor Network Lead, at 1-877-633-7722 x.3507 or at [MFDN@primacy.ca](mailto:MFDN@primacy.ca) if you're interested in participating in the program.

### QUARTERLY QUOTE

**"WHEREVER THE ART  
OF MEDICINE IS LOVED,  
THERE IS ALSO  
A LOVE OF HUMANITY."**

-HIPPOCRATES

### Available Clinic Space

Moose Jaw, SK  
Charlottetown, PEI  
Lethbridge, ON  
Mission, BC

### Loyalty Program

For more information please log in:  
[primacyclinics.ca/  
loyalty-program-overview/](http://primacyclinics.ca/loyalty-program-overview/)  
Password: LOYALTY

### Reminder!

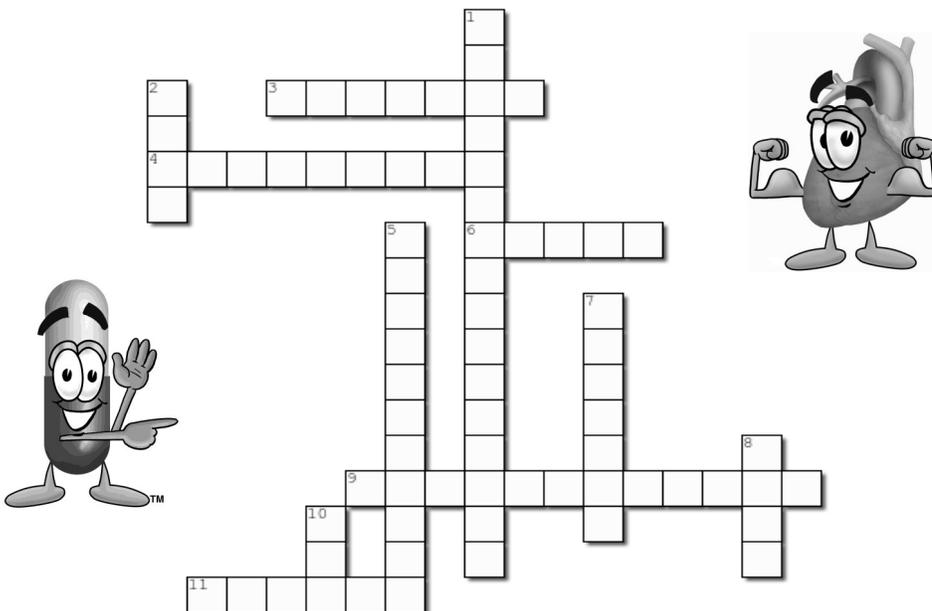
If you haven't yet, please remember to  
send in your  
Bi-Annual Report.

### Connect with



## How Well Do You Know Your IPAC Protocol?

Complete the crossword puzzle below



#### Across

3. \_\_\_\_\_ precautions
4. There have 365 cases confirmed of the \_\_\_\_\_ virus in Canada.
6. Best Practice Advisory Committee (acronym)
9. Inactivates Bacteria
11. Cough into your \_\_\_\_\_

#### Down

1. PPE Most Often Missed
2. Portal of \_\_\_\_\_
5. Before Contact With Patient
7. Eye Protection
8. If you are sick...stay \_\_\_\_\_
10. Personal Protective Equipment